

# **2D INFANTRY DIVISION**



## **FRG NEWSLETTER**

January Issue 19 January 2007

Hello, from the Division HQ and Freeman Hall.

I hope everyone enjoyed the Holiday Season. The Division conducted a short break, and we're now back at our normal pace, conducting external evaluations on units in 1HBCT, 210th Fires Brigade, 2nd CAB, and the DSTB. Yes, that means elements of every unit in the Division are either being evaluated, evaluating someone else, supporting the evaluations, or covering down for those who out of the office to ensure we complete all missions. We also conducted a Warrior Express to the Dragon Hill Lodge over the Martin Luther King weekend. The Dragon Hill management gave us a special discount for rooms at the lodge, and we were able to send 84 Soldiers and spouses down to enjoy the lodge and all it has to offer. This was a very short notice offer which limited the number of Soldiers who were able to participate. We'll work to repeat the program in the near future, hopefully with more advance notice. The Dragon Hill Lodge also offers other programs and specials, one is mentioned below, and others are available on the DHL website.

This fifth issue of the FRG Newsletter is the first to be sent out without a large number of attachments. Instead, we've posted several documents on the 2ID public website. Among these items is a list of Tax Preparation Assistance Centers in Areas I, II, and III, information on Yellow Sand, and activity calendars and lists for the areas where you live. Hopefully, this will help reduce the size of your email inboxes. To view the files click on this link (<a href="http://www-2id.korea.army.mil/family/events/">http://www-2id.korea.army.mil/family/events/</a>). I request that you forward the links for this information to the members of your unit FRG, both here and CONUS. There is a very short list of FRG events from the Warrior Activities Calendar below; if you have events or information you'd like included, please forward them to your Battalion FRG Leader who will forward them to our Division FRG Liaison.

Thanks for your time and assistance!

#### **DIVISION FRG MEETINGS**

Date Meeting Location
Fri 1/26/2007 1-15 FA Welcome Home From Field Camp Hovey
Tue 1/30/2007 2ID FRG Steering Committee Meeting CRC, 2ID Conf. Rm
Wed 2/14/2007 Yongsan FRG Meeting 1RC Conf. Rm

At the Yongsan FRG Meeting on 14 February, the Division Staff will provide short update on Well –Being and AFAP initiatives. This information will later be provided to all FRGs in the Division.

#### **IMPORTANT!**

VOICE OVER INTERNET PROTOCOL (VOIP) SERVICE AGREEMENT REACHED: On June 22, 2006, LG DACOM Corporation advised AAFES that SamSung Rental and Telecommunications planned to block VoIP calls made by our Servicemembers if they were using VoIP services that were provided by companies that were not registered in compliance with the Korean Telecommunications Business Act. Blocking VoIP communications would have resulted in the loss of reasonably priced VoIP services, with a corresponding reduction in the quality of life for many USFK personnel. The USFK staff has successfully resolved this issue by ensuring local concessionaires provide VoIP services using Korean registered companies at prices comparable to those from US-based VoIP providers. Those who

currently use VoIP will receive a "grandfather clause" allowing them to continue using their current provider. Those Soldiers and family members who arrive after 1 June 2007 should contract only with Korean authorized and registered VoIP companies. The following companies are all registered to offer VoIP services in Korea: Korea Telecom-KT, Hanaro Telecom, LG DACOM, SK Telinks, EPN, Dreamline, and Onse Telecom. The USFK POC for VoIP service agreement matters is the Assistant Chief of Staff, J6, at DSN 725-6811.

**NEW!** "PHISHING" WARNING: Warriors should be aware of the increased use of "Phishing" schemes. Phishing is where predators contact potential victims by phone or internet requesting personal or account information pretending to represent a legitimate institution. A common strategy is to request verification of information for security purposes. The predators seek the information to commit identity theft, credit card fraud, or access other accounts. Be aware of your institutions' privacy policies and expect that most institutions will not solicit usernames, social security numbers, account numbers, and other personal information over the phone or internet. If you suspect Phishing activity, contact the company by a means known to be legitimate. Call the G8 at 732-8735 / 7485 to report any incident pertaining to the government travel card provided by Bank of America.

REGISTERING IN DBIDS: The recent Courageous Channel exercise revealed that several hundred children of sponsors assigned in USFK are not registered in DBIDS (the Defense Biometric Identification System). USFK policy requires all children, regardless of age, to be registered in DBIDS. All sponsors, especially recent arrivals to Korea, should ensure all of their family members are registered in DBIDS. To register a child under the age of 10 in D-BIDS, please bring an original/certified copy of the child's birth or adoption certificate or their passport. Please also have the child's social security number available.

**SUPPORT FOR SERVICEMEMBERS, THEIR FAMILIES**: Supporting servicemembers and families can take many forms - from checking in on a family with a deployed servicemember, to raking leaves or shoveling snow, to volunteering or donating to organizations that support the military. There are many ways for you to show your appreciation. The Web sites at the end of this Newsletter provide links to organizations with programs or products that allow you to demonstrate your support. While the DoD cannot support or endorse any specific program, they have compiled a list of organizations that have programs to support troops and their families and accept contributions from private citizens:

If you are considering making financial contributions to an organization there are several questions you should ask before contributing. What type of support do you want to give? Do you want to give to an organization that offers long-term support for servicemembers and families or to one that offers one-time assistance? Do you want to assist someone in your local community or contribute to an organization that can reach out to servicemembers and families stationed worldwide?

Secondly, it's a good idea to check out a charity, especially one with you are not familiar with. The Charity Navigator - <a href="www.charitynavigator.org">www.charitynavigator.org</a> - is a good Web site to obtain information about charities and their ratings.

Some suggested questions recommended by the Charity Navigator for you to consider when choosing to make contributions to a charity are:

Can the charity clearly communicate who they are and what they do?

Can the charity define their short-term and long-term goals?

Can the charity tell you the progress it has made (or is making) toward its goal?

Does the charity's programs make sense to you?

Can you trust the charity?

TSGLI HELPS SOLDIERS DEBUNK MYTHS: Traumatic Servicemembers' Group Life Insurance (TSGLI) was created to help Servicemembers and their families get through tough financial times that often happen when a servicemember is severely injured. Approved TSGLI claimants receive a one time payment of up to \$100,000, based on the type and severity of the injury. That money might be the difference that allows a Soldier's family to stay with him or her during recovery, help with unforeseen expenses or give them a financial head start on life after recovery.

The program faces three interrelated challenges: improving the claim approval rate; the claim processing time; and ensuring that all Soldiers are aware of TSGLI, understand its purpose, and know how to file a correctly prepared claim. By debunking these three myths, TSGLI will be better positioned to help the Soldiers who are truly eligible for this benefit, and do so in an even more timely manner. Three primary myths that have grown up around TSGLI:

Myth No. 1 - TSGLI is just for combat injuries. Any qualifying injury incurred after Dec. 1, 2005, is eligible for TSGLI coverage - regardless of whether it was in combat or not. The only exception is the retroactive program, which covers Soldiers injured beginning Oct. 7, 2001 through Nov. 30, 2005, but only if they were injured while supporting Operation Enduring Freedom or Operation Iraqi Freedom.

Myth No. 2 - A healthcare provider's statement is all that is needed to verify a TSGLI claim. While TSGLI claims won't be approved without a statement from a healthcare provider, additional documentation must be provided to substantiate the claim.

Myth No. 3 - TSGLI replaces a traumatically injured Soldier's income. TSGLI is a one-time, tax-free payment that can help a Soldier get through short-term difficulties related to his or her injury.

For more information about TSGLI, call 1-800-237-1336 or send e-mail to tsgli@hoffman.army.mil. You can also visit the program's Web site at <a href="https://www.tsgli.army.mil">www.tsgli.army.mil</a>.

TSP PROVIDES IMPORTANT BENEFITS TO TROOPS: TSP, a retirement savings plan for servicemembers and civilian federal employees, is a tax-deferred fund, which means the money contributed to the account is deducted right away from the person's taxable income, and the money in the fund isn't taxed until it is withdrawn at retirement. This represents a significant savings over the years. Right now about half of the military participates in TSP. As of this year, military members are unlimited in the amount they can contribute to TSP. When the program was first made available to servicemembers in 2000, they could only contribute up to 5 percent of their income. Now the only limit is the Internal Revenue Service's \$15,000 per-year limit on contributions to tax-deferred accounts. Most military members won't come close to that limit if they contribute 5 or 10 percent of their income to TSP. Deployed troops have different limits in TSP. Because their income is tax-exempt and the IRS has a separate limit for that category, they can contribute up to \$44,000 per year. A major benefit of the program is that the expenses on the accounts are very low - about one-tenth of the average private mutual fund. The money that in the private sector would be used to manage the fund, buy stocks and pay other fees goes straight to the servicemember's bottom line in TSP. TSP is not like a savings account, and the money contributed to it should be money that people aren't going to need soon. However, TSP does have a loan program for situations such as a first home purchase, where participants can borrow money from their own account and then pay it back at a market interest rate. After leaving the military, servicemembers cannot continue contributing to TSP unless they take a federal job. They can leave their money in TSP, though, and continue to draw returns on it. The money in TSP can also be rolled over to another IRA account. Servicemembers can sign up for TSP online at http://www.tsp.gov. This Web site offers all the tools troops need to get started in the program and manage their accounts.

<u>FLO NOTES</u>: The Family Liaison Office newsletter, FLO Notes, provides information useful to military families. It is published monthly by the Well Being Liaison Office in the Army G1. To subscribe to the newsletter, send a blank email to the newsletter coordinator, <u>Kristin.kilbane@hqda.army.mil</u>, with "Subscribe to FLO Notes" in the subject line.

SCHOLARSHIPS FOR MILITARY CHILDREN PROGRAM OPENS FOR 2007: The Defense Commissary Agency (DeCA) Scholarships for Military Children program is opening for 2007. Applications for the \$1,500 scholarships are available at 264 commissaries worldwide, or can be downloaded through links at http://www.commissaries.com, http://www.militaryscholar.org, or http://www.dodea.edu. Most of the funds are donated by manufacturers, brokers and suppliers selling groceries in commissaries, and every dollar donated to the program by industry or the general public goes to fund the scholarships. The program is administered by the Fisher House Foundation. A significant number of scholarships, about 10 percent every year, go to high school students at DoD schools overseas. Nearly 3,000 scholarships totaling over \$4 million have been awarded since the first awards were given in 2001. Applications for 2007, which includes an essay on "how and why" the applicant would change an historical event, must be turned in at a commissary by close of business on Feb. 21, 2007. At least one \$1,500 scholarship will be awarded at every commissary location with qualified applicants. Applicants must be planning to attend, or already attending, an accredited college or university full-time in the fall term of 2007, or enrolled in a program of studies designed to transfer directly into a four-year program. The \$1,500 scholarships are available for unmarried children under the age of 21 (23 if enrolled in school) of military active-duty, Reserve, Guard and retired personnel. Eligibility is determined using the Defense Enrollment Eligibility Reporting System (DEERS) database. Applicants should ensure that they, as well as their sponsor, are enrolled in DEERS and have a current ID card.

WOMEN INFANTS AND CHILDREN OVERSEAS NUTRITION PROGRAM: The Department of Defense (DoD) offers the Women, Infants, and Children (WIC) Overseas nutrition program to eligible participants overseas. Members of the Armed Forces, civilian employees, and DOD contractors living overseas, and their family members, may be eligible to participate in the WIC Overseas program. WIC Overseas is a program that provides you and your family with several important benefits: nutritious food that will contribute to a healthier diet; tips on how to prepare a balanced meal; nutrition and health screening; and access to other resources that will help you and your family lead healthier lives. Participants in the WIC program eat more nutritious food, have reduced rates of iron deficiency anemia, have better eating habits which helps children become better students. WIC is available to eligible mothers-to-be, mothers who are part of the DoD family overseas, children who are part of the DoD family overseas. The program provides benefits to women during pregnancy, women after the birth of their child, the mother until the infant is six months old, Mothers who are breastfeeding (until the child's first birthday), eligible children (up to age five). Contact your local WIC Overseas office to see if you and your children are eligible for WIC Overseas nutritional benefits. A WIC Overseas counselor will help you determine if you can join the program and, if so, will help you get started.

<u>Post</u>	<u>Phone</u>	Office Hours
Casey	730-3436	Tuesday to Friday 8:00 – 4:00
Humphreys	753-6909	Tuesday and Friday 8:00 - 4:30
Osan	784-9426	Monday to Friday 8:00 - 4:30
Taegu	768-9424	Tuesday and Wednesday 8:00 - 3:30
		Thursday 8:00 – 2:30
Yongsan	736-6074	Monday 8:30 - 4:30
		Tuesday 9:30 - 3:30
		Friday 9:30 -3:30
		Saturday 9:00 – 100
		Close Wednesday and Thursday

To locate the nearest WIC Overseas office, visit the TRICARE Web site at <a href="http://www.tricare.osd.mil/wic">http://www.tricare.osd.mil/wic</a>.

### **NEWS SHORTS**

<u>DECODER PRICE REDUCTION</u>: The Army and Air Force Exchange Service and the Navy Exchange Service Command will reduce monthly rental price for AFRTS decoders from \$25 to \$13 effective today. Contact AAFES stores for more information.

<u>LICENSE PLATE FEE INCREASE</u>: Effective Monday 18 December 2006, the cost of license plates increased to \$8 for regular plates and \$4.75 for temporary plates. Motorcycle license plates are still \$3.

DRAGON HILL LODGE OFFERS SPECIAL ROOM PACKAGES: The Dragon Hill Lodge is offering a limited time special room package in addition to their normal specials. The package deal is offered in conjunction with the special Star Wars Science and Art exhibition at the COEX complex in Seoul. This exhibition includes over 160 objects and artwork created for the six Star Wars films, interactive exhibits, and presentations on the special effects featured and science featured in the films. Rooms for this package start at \$106 (based on rank) and come with two tickets to the Star Wars exhibition and a \$25 gift certificate. For more information or to make reservations, please call 738-2222, ext. 6445, or visit the DHL website at <a href="http://www.dragonhilllodge.com/main.html">http://www.dragonhilllodge.com/main.html</a>.

## **AREA II**

CAMP COINER GATE 20 VISITOR CENTER TO CLOSE JAN.2-FEB. 16: The Gate 20 Visitor Center at Camp Coiner will close Jan.2-Feb. 16 for renovations. The Visitor Center is used primarily by local Korean National contractors, invited guests and visitors to temporarily sign onto Camp Coiner and Yongsan Garrison. Visiting drivers and pedestrian should use the Gate 17 Visitor Center on Yongsan South Post beginning Jan. 2. Pedestrians may also sign in at Gate 5 and Gate 10. This temporary closure does not affect routine post access by USFK personnel and family members, this only affects visitors.

YONGSAN GAS STATION TO CLOSE FOR TWO DAYS: AAFES officials will close the Yongsan Gas Station Feb. 6-7 to upgrade the underground pumps and pipes. The construction work is set to begin after the station closes Feb. 5. The station has been undergoing a complete renovation to install pay-at-the-pump capabilities since late December. Officials expect the project to be finished by late February. Area II community members should fill their tanks before the closure.

#### **AREA III**

FREE AEROBICS CLASSES AT HUMPHREYS GYM: Choose from kick boxing, yogalates, yoga, step, water aerobics, sculpt and cardio sculpt, cardio combo or just ABS. All are offered free by certified instructors. Contact the Camp Humphreys gym at 753-8810 or 753-8811 for times, locations and complete information.

TAX ASSISTANCE VOLUNTEERS NEEDED: The Area III Tax Assistance Center is looking for motivated volunteers to assist with tax return preparation for Soldiers and family members in the coming tax year. Training will be provided. Hours are flexible. Interested persons should call 753-6245 and leave their contact information.

**DRIVER'S TESTING MOVED**: Drivers' testing has moved to building 712 on Camp Humphries. Hours of operation are 8 a.m. to 5 p.m.

## **HEALTH AND SAFETY INFORMATION**

**NEW!** YELLOW SAND SEASON RETURNS: Yellow Sand is inhalable particles smaller than 10 micrometers (PM10) in diameter that originate from dry, desert regions of China, Mongolia. Yellow Sand events usually occur during the spring (March, April and May). Since 1999, however, Yellow Sand events have also occurred during winter months. In sufficient concentration, the fine particles can obscure visibility, irritate soft tissues in the eyes, nose, mouth, and throat, and cause or exacerbate respiratory and cardiovascular problems. To avoid health risks take the following actions. During the dust storm:

- Avoid outdoor activities, especially in the elderly, young children, and persons with asthma or other airway diseases
- Keep windows and doors closed
- Remove contact lenses and wear glasses
- · Brush your teeth and wash your hands, face and eyes with warm water upon returning indoors
- Drink plenty of water to keep your tears flowing well
- Use air filter to keep air clear, and humidifier to increase indoor humidity level
- Wash dust exposed fruits and vegetables before consumption
- Wash hands carefully before handling and preparing food

After the dust storm has cleared:

- Air out room/house
- Wash dust exposed objects before using them do this carefully to keep from stirring up the dust Check the current dust concentration in your location at 18th MEDCOM website: <a href="http://www.seoul.amedd.army.mil">http://www.seoul.amedd.army.mil</a>.

**NEW!** KOREAN HEMORRHAGIC FEVER: KHF has been a hazard to all servicemembers in Korea since 1986. The infection occurs by breathing or swallowing dust contaminated with virus laden rodent feces, urine, and saliva. Incubation period usually is 2-4 weeks and Soldiers are proven to be sick through positive blood sample. They will experience fever, sore throat, and other "flu-like" symptoms, yet person-to-person transmission does NOT occur. For more information see attached Memorandum or USFK Regulation 40-1.

<u>UNIFORMED SERVICES FAMILY HEALTH PLAN</u>: The Uniformed Services Family Health Plan (USFHP) is a TRICARE Prime option available to active duty dependents, retirees and retiree family members through not-for-profit health care systems in six areas of the United States. If you use the USFHP, you must get all care through the USFHP network in your area. By using USFHP you get the TRICARE Prime program benefits, plus premium advantages and features at no extra cost. For more information about eligibility, visit the USFHP Website at: <a href="http://www.tricare.osd.mil/faqs/Default.aspx">http://www.tricare.osd.mil/faqs/Default.aspx</a>, or the TRICARE Website at <a href="http://www.tricare.osd.mil/faqs/Default.aspx">http://www.tricare.osd.mil/faqs/Default.aspx</a>. You may enroll in the USFHP at any time during the year by completing an application for the provider in your area. For more information, and to download an application, visit: <a href="http://www.usfamilyhealthplan.org">http://www.usfamilyhealthplan.org</a>.

TRICARE ALLOWABLE CHARGES AVAILABLE ONLINE: The new website at:

http://www.tricare.osd.mil/allowablecharges shows the most frequently used procedures and the amount TRICARE is legally allowed to pay for them. These charges are tied to allowable charges for the Medicare program, thus making them an allowable federal standard for health care costs. It used to be that a TRICARE claims processor told the provider the allowable charge amount for services and procedures. Now anyone can see what TRICARE will pay for over 300 procedures and services.

January Issue 15 January 2006

## **ROAD CONDITION HOTLINE.**

The changing weather conditions will have a direct effect on the road conditions throughout 2ID. If any units would like to know the current road conditions, they can call 738-7623 or log on to <a href="http://www.korea.army.mil/Road-Conditions/Road-Conditions.htm">http://www.korea.army.mil/Road-Conditions/Road-Conditions.htm</a>.

### **EMERGENCY PHONE NUMBERS.**

The emergency phone number can be accessed through any DSN phone on every camp by dialing **911**. To access 911 on your cell phone on: **CRC**: 031-870-9117, **Casey**: 0505-730-5906, **Western Corridor**: 0505-734-2117. **The Prostitution and Human Trafficking 2ID Hotline is:** 736-9333 **or KNP**-02-723-0183. For Korean National Police call **112**. The **Sexual Assault Hotline** for active duty military victims of sexual assault and any uniformed members to provide input (anonymously if desired) to the **DOD Task Force on Care for Victims of Sexual Assault is:** 011-740-0479. A mental health care professional or chaplain will answer the Crisis Intervention Hotline. Dial H-E-L-P (4357) from any DSN phone or 0505-730-HELP from a cell phone or non-DSN phone.

#### TRAINING OPPORTUNITIES

**UPDATE!** ADVOCACY PROGRAM: Education/Preventive Services include New Parent Support activities and classes, Crisis Intervention and Referrals, Stress and Anger Management classes, Command/Troop Briefings, and other parenting classes. The overall goal is to promote effective healthy family functioning, reduce family stress, and eliminate violence through education and support programs. The three components of Family Advocacy are Education/Prevention, Intervention & Treatment. Questions for dates and times call 730-3150.

<u>USFK REGULATION 614-2 – IN-PROCESSING ORIENTATION PROGRAM</u>: On 11 January 2007, USFK released an updated Reg 614-2 Inprocessing Orientation program. This regulation establishes policies and procedures for orienting all USFK personnel on certain subject areas to facilitate inprocessing and transition to their assignment in Korea. This regulation also provides guidance on Spouse Orientation. Spouses are now required to attend in-processing to receive essential information about living in Korea, including their obligations under the US-ROK (United States-Republic of Korea) Status of Forces Agreement. Only spouses who have attended in-processing will be eligible for a permanent ration card. While final guidance for Spouse orientations has not been established for each Area, this information will be released soon. The full regulation is available at the USFK public website. http://www-

hr.korea.army.mil/Programs\_Policy/PublicationsRecords/Regulations/USFK/USFK%20Reg%20614-1%20Military%20Command%20Sponsorship%20Program.pdf

STRONG BONDS FAMILY MINISTRY AND TRAINING: 2ID Chaplains are sponsoring a wonderful opportunity for couples assigned to the Division in the coming months, February thru May. Each month they will be offering the Strong Bonds Training at the Dragon Hill Lodge for up to 20 couples per Brigade. The event is built around classes where couples can learn skills needed to build and maintain life-long, healthy relationships! Chaplains provide a night at the Lodge and 4 meals along with 8 hours of training that will enhance each family's life. Soldiers interested should contact their Battalion Chaplain for details.

<u>OPERATION HELPING HAND</u>: 2ID Chaplains and the Area 1 Chaplain's Office have a program to support families in need with financial assistance. Operation Help Hand is available to provide assistance for food at the Commissary. Requests for support can be coordinated through the Soldier's Battalion Chaplain.

January Issue 15 January 2006

#### **FRG LEADER TRAINING**

Training is available for FRG Leaders, both online and at Army Community Services. This training is intended to offer support, assistance, and training to FRG Leaders, no matter your geographic location or schedule. Leading an FRG focuses on four main areas: Managing, Leading, Connecting, and Empowering. These four leadership rings overlap, and Army Soldiers and families are the core and primary focus of the FRG. Online training is available at MyArmyLifeToo.com

**MONTHLY LANGUAGE CLASSES**: Area II Army Community Services offers monthly Korean and English classes. In addition to level I & II classes in both languages, Basic English Conversation and Basic English Grammar are offered. For information or to register, call 738-7505/723-6810.

#### FINANCIAL READINESS AND MANAGEMENT PROGRAM

ACS provides financial training to assist Soldiers and Family Members become more fiscally responsible. This training is offered at ACS facilities at the listed time. Financial Readiness offers a wide range of services to individual soldiers and to units. For the individual, we can assist in preparing detailed budgets for the future. This is especially helpful to people who are about to be married, have a child, or relocate. For those who are experiencing or anticipate financial difficulties, we offer counseling and several publications to help get the situation corrected. **/730-3142/3108** 

<u>DATE</u> <u>EVENT</u> <u>TIME</u> <u>LOCATION</u>

19 December Personal Financial Management 0900-1700 Cp Red Cloud, ACS

22 December Understanding & Balancing 0900-1200 Cp Casey, ACS

Your Checkbook

27 December Understanding & Balancing 0900-1200 Cp Red Cloud, ACS

Your Checkbook

Area III ACS offers Personal Financial Readiness Education Every Tuesday at 1300

<u>FAMILY READINESS GROUPS:</u> Family Readiness is the state of preparedness and a key component of mission readiness. 2ID/ Area 1 has established CARRR (Commanders Academy for Readiness, Retention, & Resilience) to facilitate education, training and communication. CARRR convenes quarterly and highlights various areas of Family Readiness. Utilizing Operation READY, AFTB and agency presentations, this forum equips Commanders and FRG Leaders with tools to sustain mission readiness. Questions for dates and times call 730-3143.

## **HELPFUL WEBSITES**

United States Forces Korea (USFK) <a href="http://www.usfk.mil/USFK/index.html">http://www.usfk.mil/USFK/index.html</a>

Eighth United States Army (EUSA) <a href="http://8tharmy.korea.army.mil/">http://8tharmy.korea.army.mil/</a>

2nd Infantry Division <a href="http://www-2id.korea.army.mil/">http://www-2id.korea.army.mil/</a>

IMA Korea Region http://ima.korea.army.mil/imakoroweb/sites/local/

TRICARE Website <a href="http://www.tricare.osd.mil/">http://www.tricare.osd.mil/</a>

Army Families Online: <a href="http://www.armyfamiliesonline.org/">http://www.armyfamiliesonline.org/</a>
Military OneSource <a href="http://www.militaryonesource.com">http://www.militaryonesource.com</a>
Military Homefront <a href="http://www.militaryhomefront.dod.mil/">http://www.militaryhomefront.dod.mil/</a>

My Army Life Too <a href="http://www.myarmylifetoo.com">http://www.myarmylifetoo.com</a>
US Embassy Seoul <a href="http://seoul.usembassy.gov/">http://seoul.usembassy.gov/</a>

US Bureau of Citizenship and Immigration Services <a href="http://www.uscis.gov/graphics/index.htm">http://www.uscis.gov/graphics/index.htm</a>

Dragon Hill Lodge http://www.dragonhilllodge.com/main.html

America Supports You is a nationwide program launched by the DoD that recognizes citizens' support for our servicemembers. <a href="http://www.americasupportsyou.mil">http://www.americasupportsyou.mil</a>

Give the gift of groceries - enables donations of commissary gift certificates to military families. To order by phone, call 1-877-770-4438, or check out the commissary Web site to order online. <a href="http://www.commissaries.com/certificheck/index.cfm">http://www.commissaries.com/certificheck/index.cfm</a>

Gifts from the Homefront - makes Military Exchanges available to servicemembers serving around the world. The program enables donors to send a gift certificate to a military family. <a href="http://www.aafes.com/docs/homefront.htm">http://www.aafes.com/docs/homefront.htm</a>

U.S. Army Wounded Warrior Program - To support wounded servicemembers, visit the U.S. Army Wounded Warrior Program. This program was established in April 2004 to help wounded veterans and their family's transition to civilian life. Part of this program includes the Veteran Service Organizations (VSOs), which offer support to families. These organizations include the Veterans of Foreign Wars, American Legion, Disabled American Veterans, Paralyzed Veterans of America Association, and others. The assistance offered by each organization differs. A listing of these organizations' Web sites can be found on the AW2 Web site. https://www.aw2.army.mil/

The Fisher House Foundation - offers families of wounded servicemembers a place, close to the Military Medical Facility, to stay while their loved-one is being treated. <a href="http://www.fisherhouse.org/">http://www.fisherhouse.org/</a>

Operation Purple - is an opportunity to support children of deployed servicemembers. Check out "Operation Purple" Summer Camps, which are sponsored by the National Military Family Association at <a href="http://www.nmfa.org">http://www.nmfa.org</a>. Operation Purple is open to the children of all branches of service including National Guard and the reserve. The camp is free and enables children an opportunity to attend summer camps with other military children with a shared experience. The camps' counselors help the children learn how to cope with their feelings.

MICHAEL W. FEIL Colonel, GS Division Chief of Staff

POC: MAJ Ben Harris Deputy, G1/AG 732-7308

Ben-harris@korea.army.mil